



EVALUATION OF BRANCH ACHIEVEMENT DEVELOPMENT OF WRESTLING, WEIGHTLIFTING, AND ATHLETIC KONI BENGKULU PROVINCE

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Abstract

This study aims to determine the achievement of coaching achievements in the sports of Wrestling, Weightlifting, and Athletics KONI Bengkulu. The type of research used in this research is descriptive qualitative research with a CIPP evaluation research approach. The research subjects were 3 sports, totaling 48 people consisting of 3 coaches, 10 athletes, 3 administrators . Instruments and data collection techniques using observation techniques, questionnaires and documentation. The data analysis technique used is descriptive analysis with percentages. The results of the study are the results of the evaluation of observations both from the monitoring process, the training process, and the condition of the infrastructure. The results of the evaluation stated that the percentage of questionnaires on the achievement development of wrestling, weightlifting and athletics at KONI Bengkulu Province, the average assessment showed the context component was in the "very good" category with a percentage (95%), the input component was in the "very good" category. with a percentage (94%), the process component is in the "Excellent" category with a percentage (83%), and the product component is in the "Good" category with a percentage (91%), the achievement of wrestling shows consistency compared to lifting sports iron, but in the Athletics show an increase. Based on the results of the study, it can be concluded that the Development of Achievements in Wrestling, Weightlifting, and Athletics is in the good category.

INTRODUCTION

The sports development system must be implemented comprehensively and cannot be done instantly, but requires totality and commitment to develop sports systematically. Achievement coaching success sports have very clear and measurable indicators, meaning that coaching sports are carried out with a scientific approach starting from talent scouting to the coaching process. When seen from the glasses system that the quality of the results (output) is determined by the input (input) and the quality of the coaching process that occurs. Achievements so far is a real consequence of a sub-system that is less than optimal, namely input and processes. (Kamal, 2011). In line with the statement above, that the development of achievement can reach the peak of achievement there must be a design, orderly, and sustainable. Indonesia has an authorized national sports organization, namely the Indonesian National Sports Committee (KONI) with the aim of achieving optimal development of national sports achievements, as well as improving the performance of KONI sports management that is clear, transparent, and legitimate, so that it can be effective, transparent, and accountable (Lukman Ade, 2020).

Fostering achievements is not something that can be said as easy as we imagine, so to achieve good success. Achievement development cannot be carried out in an instant way, especially with careless management, but requires totality and commitment to develop sport in a systemic and supportive manner. When viewed from a systemic perspective, the quality of the results (output) is determined by the input and the quality of the coaching process that occurs. Because the success of a good sports coaching will not be realized

without a planned, directed performance coaching model and the existence of a supervision over the implementation of work. There are four government programs that must be implemented in an effort to develop national sports, namely 1) a program for developing and harmonizing sports policies; 2) sports and physical fitness outreach programs; 3) talent scouting and sports breeding programs; 4) improvement program sports achievement. The implementation of these development programs is carried out evenly, systematically and integratedly for all levels of society throughout the country by adjusting the geographical and cultural conditions of the nation, as well as involving all the potential and strengths of the nation so that a family, community and nation can be realized who have the ability to exercise. tough, which in turn can improve the quality of life and sports achievements at the national, regional and international levels. (Abdul, 2015).

Related to the above development efforts, based on Law Number 3 of 2005 concerning the National Sports System Article 39, Koni has the task of assisting local governments in making regional policies in the field of management, coaching and development of achievement sports, coordinating the main organization sport branches and functional sports organizations, carry out the management, guidance and development of achievement sports and prepare, implement, and coordinate the participation of achievement sports in cross-regional and national sports activities.

From the author's observations, the Bengkulu Province KONI is a place to foster sports in every region in Bengkulu Province who are given the responsibility to be able to carry out their duties well in Bengkulu Province because it maximizes good performance. Especially in fostering

achievements in the Bengkulu Province sports branch in order to get good results to make Bengkulu Province proud at national and international events. According to Beitel in Charles (2006) sports management is a combination of skills related to planning, organizing, directing, controlling, budgeting, leading and evaluating in the context of an organization or department whose main products or services are related to sports. Improving sports coaching and development, especially achievement sports cannot be separated from the participation of administrators and organizations. Organization is a means or tool to achieve organizational goals and elements or units within an organization must be able to accommodate various programs and activities that have been designed to achieve organizational goals (KONI on the Garuda Emas Project, 1998). while in the Law of the Republic of Indonesia Number 3 of 2005 concerning the National Sports System Chapter I article 1 paragraph 24, sports organizations are "a group of people who cooperate by forming an organization for the implementation of sports in accordance with the provisions of the legislation". Based on data from Koni Bengkulu Province, which was collected by researchers in 2020, from various sports, regarding the pattern of coaching and achievement results, it turns out that there is already good potential, especially in individual sports (individuals). Based on the 2018 Porprov achievements, in general there are several sports that have not been able to achieve the target, especially in team sports (teams), while at the Sumatra X Region Sports Week (PORWIL) in 2019 in Bengkulu Province managed to get good results, namely successfully achieving in third place in Sumatra. The increase in Bengkulu's achievements in the Sumatra Powril, even above the achievements of the provinces

of West Sumatra and South Sumatra or other provinces that have a better sports development index. Apparently, the achievements of the PON 2021 Bengkulu Province only managed to reach 1 gold, 4 silver and 7 bronze with a national 30th rank. These achievements include athletics, wrestling and athletics (individual sports). Based on the results of the researcher's initial study, there are 3 sports that turned out to be superior to KONI Bengkulu province, namely Wrestling, Weightlifting, and Athletics. Furthermore, in this study, we want to know how the coaching and achievements are carried out by the Provincial Management of the 3 Sports Branches.

METHODS

Evaluation of the Achievement of the Leading Sports Branch of KONI Bengkulu Province, using a quantitative descriptive method. According to (Abdur, 2019) surveys are used to obtain data accurately from certain places, collect information or data and analyze proportionally. This research was conducted in February-October 2021. Research Procedure This research uses an evaluation model, namely the CIPP model (context, input, process, and product) and uses data collection techniques using questionnaires and documentation. With the CIPP evaluation model, it is possible to identify all components regarding the Achievement Development Program for the KONI Bengkulu Province Superior Sports Branch.

Participants

The subject of this research is to select people who are considered to understand the focus of the problem, namely coaches, athletes, and management of achievement

development sports. The research subjects in the training center for each of the leading sports branches of KONI Bengkulu Province, consisting of coaches, administrators, and athletes, wrestling 16 people, weightlifting 16 people, and athletics 16 people, with a total of 48 people. While the objects examined included the condition of the Weightlifting Sport Center building, the Rocky Gym with broken soil and the Athletic Bone Skip Gym.

Design and Data Analysis

Analysis the data analysis technique in this study used descriptive analysis techniques. Calculations in the questionnaire used descriptive percentages. How to calculate data analysis to find the frequency of the relative percentage. To calculate the percentage using the following formula:

$$P = \frac{F}{N} \times 100\%$$

P = Percentage sought (Relative Frequency)

F = Frequency

N = Number of Respondents

Table 1. Categorization Norms

No	Percentage	Category
1	81% - 100%	Very Good
2	61% - 80%	Good
3	41% - 60%	Enough
4	21%-40%	Less
5	0%- 20	Very Poor

RESULT

Data Description

The results of this study were obtained by questionnaires to administrators, trainers, and athletes, besides that it also comes from the results

of field observations and documentation related to coaching the achievements of the Bengkulu Province KONI leading sports. With a description of the data as follows:

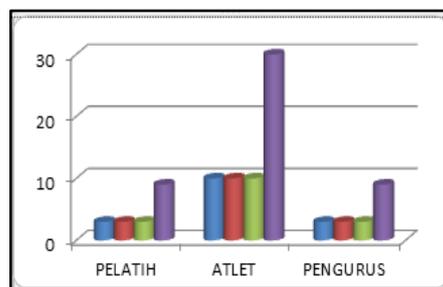


Figure 1. Athlete, Trainer, Management

From the table above is an observation made by researchers in each branch of wrestling, weightlifting, and athletics has been carried out by monitoring the coach or administrator of each branch sports, the training process carried out by athletes is carried out smoothly and the facilities and infrastructure are in good condition to be used during the training process.

Data on Evaluation Aspects Context (objectives of Achievement development) in Wrestling, Weightlifting and Athletics

1. Evaluation Context of Wrestling, Weightlifting, and Athletics Sports.evaluation Context includes aspects of coaches, athletes, coaches/managers and facilities and infrastructure regarding the identification of goals regarding achievement coaching as well as insight into achievement coaching, realizing the importance of athlete achievement coaching programs, administrative completeness, having targets from athlete achievement coaching programs in the implementation of training programs. Evaluation of the context regarding the identification of the

goals for the achievement development of the Bengkulu Province KONI sports branch which was filled by coaches, athletes, and administrators regarding the program for developing the achievements of wrestling, weightlifting and Athletics KONI Bengkulu Province which researchers could collect based on closed questionnaires. From the results of the evaluation of the context (Context) obtained through a questionnaire. The results of the research data recapitulation are presented in appendices 3 and 4.

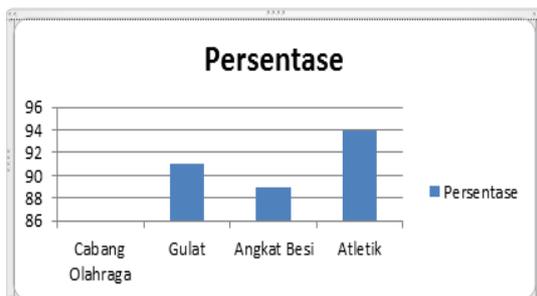


Figure 2. Evaluation Results Diagram Context

Percentage of evaluation results of evaluation context of leading sports at KONI Bengkulu Province The average evaluation score is context shown in Figure 2. The results of the percentage analysis carried out on the context aspect to measure the suitability of the selection of goals for identification of goals in fostering the achievement of leading sports at KONI Province evaluation data Context analyzed using Microsoft Excel 2010, the research data on the sport of wrestling aspect of the context shows the percentage of 98% or can be interpreted to determine the purpose of fostering achievement included in the category of "Very Good". In weightlifting, it shows a percentage of 92% where this figure falls into the "Very Good" category. Meanwhile, in athletics, it shows a percentage of 95% where this figure is included in the "very good" category. From this it can be seen that from the 3 leading sports branches of

KONI Bengkulu Province, in evaluating the context of achievement development, it has gone very well. The results of the average value of the three leading sports KONI Bengkulu Province from the evaluation context showed a percentage of 95%.

2. Data on Evaluation Aspects Input of Wrestling, Weightlifting and Athletics KONI Bengkulu Province

The Evaluation input includes aspects of coaches, athletes, coaches / administrators and facilities and infrastructure regarding qualifications regarding achievement coaching as well as achievement coaching, realizing the importance of athlete achievement coaching programs, administrative completeness, has a target from the coaching program as well as accuracy in supporting infrastructure for the implementation of the athlete's achievement coaching program in the implementation of the training program as well as funding related to achievement development.

Evaluation of input regarding the qualifications or feasibility of coaches and athletes in wrestling, weightlifting, and Athletics KONI Bengkulu Province includes based on questionnaires supported by documentation data. From the results of the context evaluation (Input) obtained through a questionnaire. The results of the recapitulation of research data are presented in appendices 4 and 5

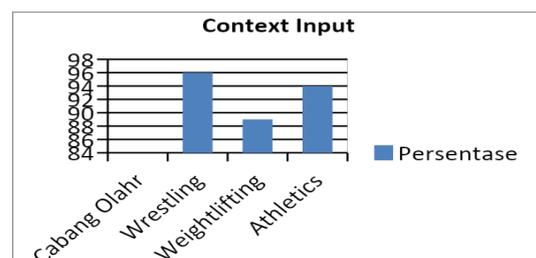


Figure 3. Bar Diagram of Evaluation Results Input

The results of percentage analysis are carried out on the aspect input to measure the suitability of qualifications for coaches, athletes, administrators at coaching the achievements of the leading sports at the Provincial KONI. The evaluation data input was analyzed using Microsoft Excel 2010, data from research on wrestling in the aspect input showed a percentage of 95% or could be interpreted in determining the goals of achievement development included in the "Very Good" category. In weightlifting, the percentage is 96% where this figure falls into the "Very Good" category. While in athletics, the percentage is 92% where this figure is included in the "very good" category. Based on the data from the 3 sports, the evaluation of the input for achievement development has gone very well from the results of the questionnaire given. The results of the average value of the three leading sports KONI Bengkulu Province from the evaluation Input showed a percentage of 94%.

3. Data Result Aspects of Evaluation of the Process of Wrestling, Weightlifting and Athletics KONI Bengkulu Province evaluation Process includes aspects of the trainer regarding implementation, training targets, quality control and motivation in accordance with the planning of achievement coaching programs through training programs, athlete aspects regarding exercise implementation activities, disciplined attitude in achieving training targets, aspects of the Management regarding the quality of control and material and non-material support to support the achievement development program for the Bengkulu Province KONI flagship sport through training programs. Based on the results of the questionnaire reinforced by the documentation data during the researchers conducted research from the leading sports of wrestling, weightlifting, and athletics, the results obtained were: (1) Implementation of the achievement

coaching program, (2) The activities of the coach during the training process were good, (3) Activities athletes during the training process have been good, (4) the suitability of the training procedures for the achievement and motivational coaching program can be seen from the average athlete being very disciplined in training, even though there is no written attendance list of athletes during training. From the results of the context evaluation (Input) obtained through a questionnaire.

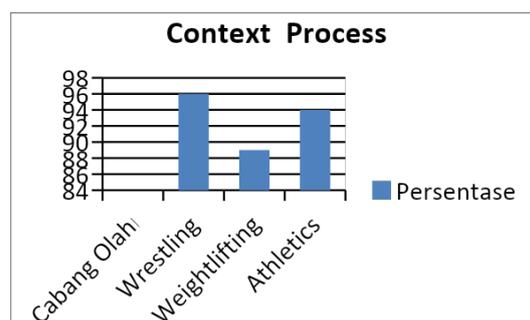


Figure 4. Bar Diagram of Evaluation Results Input

The results of percentage analysis are carried out on the aspect process to measure the suitability of the coaching program in the training process for coaches, training athletes, and administrators on the achievement of leading sports at KONI Bengkulu Province. The research data from the graph diagram above shows the percentage of wrestling at 84% or it can be interpreted in determining the goals of achievement development including in the "Very Good" category. In weightlifting, it shows a percentage of 85% where this figure falls into the "Very Good" category. Meanwhile, in athletics, it shows a percentage of 81% where this figure is in the "Very Good" category. The 3 leading sports branches of the Bengkulu Province KONI in the evaluation process of the achievement development has gone very well, the component Process of the results of the questionnaire given. The results of the

average value of the three leading sports branches of KONI Bengkulu Province from the evaluation process showed a percentage of 83%.

4. Data On Product Evaluation Aspects Of Wrestling, Weightlifting And Athletics At Koni Bengkulu Province.

For an evaluation product with 10 questions given to coaches, athletes and administrators, look at the achievements of the achievement coaching program. the results that can be collected by researchers based on observations, questionnaires and documentation can be seen from the results of the data below through a questionnaire.

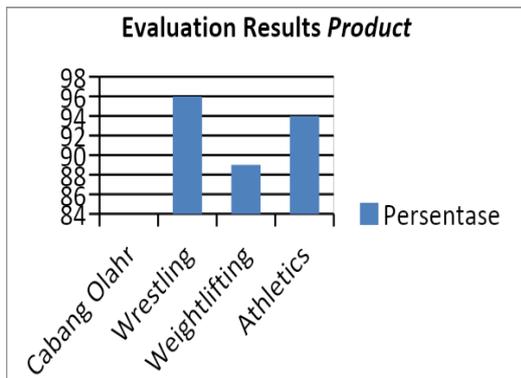


Figure 5. Context Product

Results of percentage analysis are carried out on the aspect product to measure the achievements of athletes, coaches and management of the coaching program and the achievements of the leading sports at KONI Bengkulu Province. The research data from the graph diagram above shows the percentage of wrestling at 100% or it can be interpreted in determining the goals of achievement development included in the "Very Good" category. In weightlifting, it shows a percentage of 92% where this figure falls into the "Very Good" category. While in athletics, the percentage is 96% where this figure is included in the "very good"

category. Results of Wrestling Achievements for the 2015-2021 period (Evaluation Product)

Table 2. Achievement 2015-2021.

Level Championship	MEDAL		
	Gold	Silver	Bronze
POPNAS 2015	1	0	2
PON 2015	0	2	1
PPLP/SKO 2016	0	1	3
ASEAN SCHOOL 2017	0	1	0
POPNAS 2017	1	1	2
PPLP/SKO 2017		1	3
PPLP/SKO 2017	2	0	2
PPLP/SKO 2018	1	2	1
ASEAN SCHOOL 2018	1	0	1
POMNAS 20119	0	1	1
PON 2021	0	0	1

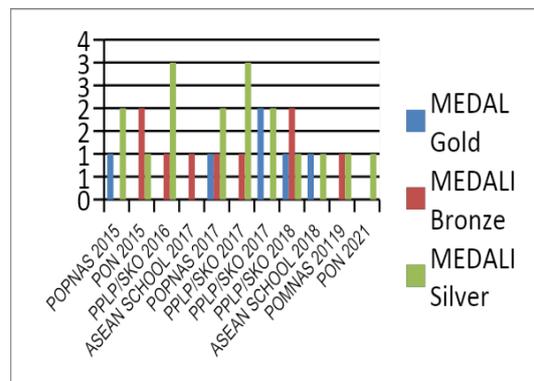


Figure 6. Achievement Weight lifting Medals

From here it can be seen that of the 3 leading sports branches of KONI Bengkulu Province in evaluation, product achievement development has been going well components Product from the results of the questionnaire given. The results of the average value of the three leading sports branches of KONI Bengkulu Province from the evaluation process showed a percentage of 96%. Results Achievement Weightlifting period 2015-2021 (Evaluation Product).

Table 3. Achievement Weightlifting

Competition Level	MEDALS		
	Gold	Silver	Bro nze
Kejurnas 2017	1	-	-
Popnas 2017	1	-	-
Kejurnas 2018	1	-	-
Athletic Sport Gms Beijing 2018	1	-	-
Kejurnas U20 2019	1	-	-
ASEAN SCHOOL Malaysia 2019	1	-	-
PPLP 2020	1	-	-
Porwil X	2	1	1
PON 2021		1	2

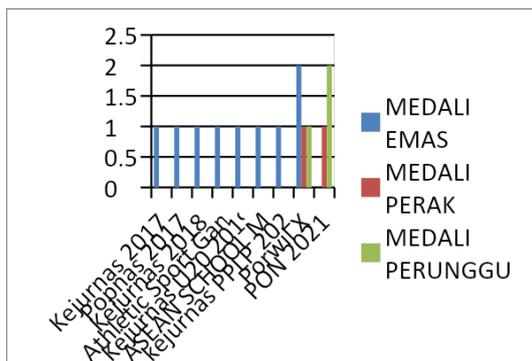


Figure 7. Athletic Achievement Results 2015-2021 period (Evaluation Product)

Table 8. Achievement

Competition level	Medal		
	Gold	Silver	Bronze
Kejurnas 2017	1	1	1
Popnas 2017		1	1
Kejurnas 2018		1	2
Kejurnas U20 2019		1	1
kejurnas PPLP 2020	1		1
Porwil X	2	3	2
Kejurnas 2021		1	1

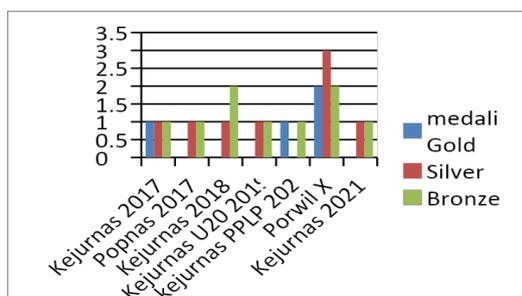


Figure 8. Achievement Results

DISCUSSION

The success of developing Bengkulu Province KONI achievements in 3 individual sports namely Wrestling, Weightlifting and Athletics is based on aspects of context evaluation (objectives, training design), evaluation of inputs (athlete coaches, and administrators), process evaluation and product evaluation (results achieved). in the form of performance). From the results of the evaluation of the three aspects, information was obtained that the coaching model carried out by KONI and the management of the sports branch revealed the following potentials:

Evaluation Context Components

Identification of the goals of fostering achievement in the flagship sport of KONI Bengkulu Province. The goal where the program is a goal to achieve good achievement development, Where the results of research data on the context component show the quality of each sport for wrestling is included in the "very good" category for weightlifting including the "very good" category and sports Athletics is also included in the "Very Good" category here, it can be seen with the answer choices from the questionnaire that was bought by the researcher to the subject. The context evaluation component is used to identify the goals of achievement development at this evaluation stage (Prasetyo, 2018) to identify the goals of achievement development in a sport. This research is in line with research (Dewi & Vanagosi, 2019) that the use of evaluation is to context study the state of determining the objectives of the program to be carried out in achievement development.

Evaluation Components Input

In terms of management, qualifications of coaches and athletes, suitability of facilities and infrastructure.

Here the results of the input on wrestling are included in the "very good" category for weightlifting including the "very good" category and athletics is also included in the "very good" category here can be seen with the answer choices from the questionnaire given by the researcher. to the subject. The findings, namely that it is better for the trainer or administrator who is in accordance with the qualifications in carrying out their duties. The results of this study were also revealed by (Candrawati, 2018) that sports coaches and administrators in fostering achievement require good and professional competence. This is in line with the results of Wani's research (2018) where the quality of a coach and administrator is shown by the goodness of a program that is made. A coach and administrator are keys that have a huge influence on the success of the coaching process (Rahayu & Pramono, 2015).

Evaluation Components The Process

Implementation of the achievement development program based on observation data for these 3 superior sports was supported by the above percentage data for wrestling included in the "Excellent" category for weightlifting, including the "Excellent" category and athletics. Also included in the "Excellent" category, it includes (1) the implementation of the achievement coaching program, (2) the activities of the coach during the training process, (3) the activities of the athletes during the training process and the suitability of the training program procedures for achievement coaching. The results of a thorough observation on the achievement coaching process, that the coach is disciplined in the implementation of training in the training process and athletes also carry out their obligations as athletes by having carried out the training program well. This result is equivalent to

the research of Nurcahyo et al (2014) that achievement coaching coaches are disciplined in the implementation of training programs during training. These results are also equivalent to the research of Assalam et al. (2015) that coaches use various models of training programs in forming good performance coaching.

Evaluation Components Product

The sport of wrestling with the "Excellent" category with achievements that have been exceeded in the last four years which has always passed wrestling athletes to PON and who won medals from the PON championship, for weightlifting is also the same with the results obtained both athletes entered the "Excellent" category with the results obtained by athletes by winning several national and international championships. As for the athletics branch, it is also included in the "Excellent" category with achievements achieved by athletes and trained by their coaches and continues to be a medal contributor for Bengkulu Province, saving Bengkulu's name from the National ranking in PON. The results of evaluations are products assessed from the results achieved or obtained by athletes, coaches or administrators on the achievement development program for leading sports (Nur, 2018). Research by Rahayu & Pramono (2015) on the level of achievement or success achieved by an athlete and coach from the program that has been implemented.

CONCLUSION

Based on the results and discussion above, it can be concluded that the leading sports development at KONI Bengkulu Province for individual sports that are successful in achievement is determined by several factors, including 1) Individual sports are easier and measurable in determining goals, evaluating and implementing them. 2)

Individual sports are easier to measure competition both nationally and internationally. 3) The qualifications of coaches and athletes are adequate, both seniors and juniors. 4) more chances of getting achievements or medals.

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