



Survey of Student Interest Madrasah Aliyah Nurul Islam Ngemplak towards Football Sports

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Abstract

Ngemplak Islam is favored by students, this is influenced by the response from students and schools. The purpose of this study was to determine the interest of Madrasah Aliyah Nurul Islam Ngemplak students in the sport of football and the benefits of football sports. The samples in this study were class X, XI, and XII students totaling 57 students of Madrasah Aliyah Nurul Islam Ngemplak. The results of this study stated that the interest of Madrasah Aliyah Nurul Islam Ngemplak students in the sport of football is very large. It is proven that 88% of Madrasah Aliyah Nurul Islam students have an interest in the sport of football. There are several indicators of why Madrasah Aliyah Nurul Islam Ngemplak students like the sport of football, namely: the body becomes healthy and fit, refreshes the brain, and wants to excel in the sport of football. In addition, many students of Madrasah Aliyah Nurul Islam Ngemplak want to become football athletes, they also want to be committed to the sport of football, so that their desire to become football athletes can be achieved.



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INTRODUCTION

Sports is one of the physical and psychic activities of a person that is useful for maintaining and improving the quality of one's health after sports (Khairuddin, 2017), (Subekti, & Sudarmanto 2018), (Hadi 2020), (Jariono, & Triadi 2021). Basically, exercise is also good for children's growth. Madrasah Aliyah Nurul Islam Ngemplak students enjoy exercising. Madrasah Aliyah Nurul Islam Ngemplak plays football, some are considered as playing normally with friends and some are playing as achievement sports. Achievement sports are sports that aim to achieve the highest and best achievements in which go through various processes in the form of training stages that take a long time and are sustainable (Hermawansyah, 2019).

The sport of football is one of the sports that has developed in the wider community, such as in clubs, offices, villages, and in schools (Kurniawan and Rochmadhona, 2021) (Australian Sports Commission 2013; FIFA 2016; Gabbett 2007). Meanwhile, according to (Putro 2020) Football is a type of team sport that brings together two teams in one match. A football match consists of 2 opposing teams, in one team there are 11 core players and there are also players as reserves. In one round there are 45 minutes and a break of 15 minutes. There is overtime when both teams score the same.

Playing football for Madrasah Aliyah Nurul Islam Ngemplak students arouses a sense of interest caused by playing football so that a sense of interest arises. Interest is an intrinsic motivation as a learning force that drives a person in carrying out activities with perseverance and tends to be

sedentary, where the activity is a learning experience process that is carried out consciously and brings feelings of joy, joy and joy (Rohman Halim and Indriarsa 2013), (Fatoni et al. 2021). In addition, sports come because of personal interest, interest itself is a tendency in individuals to be interested in something object or to like something (Darminto 2017). Interest will be the basis for someone to achieve achievements in the field of sports, if those who are interested in the learning process will be more efficient and effective (Syardiensah, 2016). The interest that is carried out will cause a sense of excitement, especially in the field of sports, a sense of satisfaction will be achieved and a sense of self-well-being will be achieved or it can be said to have a good psychological well-being. (Utami & Kriswanto 2019), (Bangun 2019), (Kusuma & Setyawati 2016). Interest in children is not carried from birth, but children's interest arises out of habit. Interests can be divided into several kinds including expressed interests, embodied, and inventoried interests. (Fikria 2021).

The researcher's goal was to take the title "Student Interest of Madrasah Aliyah Nurul Islam Ngemplak towards Football Sports" with the aim of knowing how much interest students are and how important sports are for the development period of high school children.

METHODS

This research uses a type of quantitative approach method with a descriptive type of research where researchers want to find out how much interest in the sport of football by giving a question or by using the survey method, namely by taking a sample from

one population using a questionnaire as a data collection tool.

Participants

Theampelous in this study were class X, XI, and XII students totaling 57 students of Madrasah Aliyah Nurul Islam Ngeemplak.

Sampling Procedures

The sampling technique in this study uses a purposive sampling technique, which is sampling based on a consideration.

Materials and Apparatus

The materials used in this study were: Questionnaire sheet and Stationery

Procedures

This study collected data from filling out questionnaires and interviews. According to Fatmawati, Ismaya, and Setiawan (2021), data sources can be used as research subjects so that data can be obtained. This study used primary data sources. A primary data source is a data source that directly provides data to the data collector. The primary data sources needed by researchers are class X, XI, and XII students of Madrasah Aliyah Nurul Islam Ngeemplak.

Design or Data Analysis

The data analysis method used to answer the formulation of this research problem uses statistical calculations of multiple linear regression based on the results of data acquisition from respondents on the questionnaire provided. The data analysis process carried out by the author is as follows:

1. Distributing questionnaires to predetermined respondents.
2. Take questionnaire answers from respondents.
3. Group data by respondents.

4. The data comes from a questionnaire that has been filled out by respondents, then tabulated in the form of quantitative data.
5. The answers from each respondent are presented in the distribution table

RESULT

This study aims to find out the interest in knowing the interest of Madrasah Aliyah Nurul Islam Ngeemplak students in the sport of football and the benefits of football sports which will be held from April 2022 to May 2022 with a total of 57 respondents. The respondents of the study consisted of students of class X.XI, XII Madrasah Aliyah Nurul Islam Ngeemplak. The results of the study were presented through the form of a tabulation table and pie chart, with 12 numbers of questions used in this study. This question is used as a benchmark regarding the interest of Madrasah Aliyah Nurul Islam Ngeemplak students in the sport of football and the benefits of football sports. Description of Madrasah Aliyah Nurul Islam Ngeemplak students' interest in the sport of football and the benefits of football sports using 12 questions addressed to respondents.

1. The Importance of Football

From the results of the analysis of research data that has been carried out, it can be described that the statement of the importance of the sport of football can be categorized in the following table:

Table 1. The Importance of the Sport of Football

No	Statement	Total	(%)
1	Strongly Agree	10	17,54%
2	Agree	40	70,18%
3	Don't Agree	6	10,53%

4	Disagree	1	0,80%
Total		57	100%

From the table above, it can be known that the statement of the importance of the sport of football, the category strongly agrees with the number of 10 students or 17.54%, while from the category agrees 40 students or 70.18%, the category disagrees 6 students or 10.53% and the category strongly disagrees 1 student or 0.8%.

2. The Sport of Football Makes You Fit and Healthy

From the results of the analysis of research data that has been carried out, it can be described that the statement of the sport of football making fit and healthy can be categorized in the following table:

Table 2. Football makes fit and healthy

No	Statement	Total	(%)
1	Strongly Agree	18	31,58%
2	Agree	32	56,14%
3	Don't Agree	7	12,28%
4	Totally Disagree	0	0.00%
Total		57	100%

From the table above, it can be seen that statements related to sports make them fit and healthy, the category strongly agrees with the number of 18 students or 31.58%, while from the category of agreeing 32 students or 56.14%, the category of disagreeing 7 students or 12.28%, and the category strongly disagreeing 0 students or 0%.

3. Football sports once upon a times refreshing

From the results of the analysis of research data that has been carried out, it

can be described that the statement of the sport of football as well as refreshing is categorized in the following table:

Table 3. Football sports at the same time refreshing

No	Statement	Total	(%)
1	Strongly Agree	12	21%
2	Agree	37	65%
3	Don't Agree	8	14%
4	Totally Disagree	0	0%
Total		57	100%

From the table above, it can be seen that statements related to the sport of football are at the same time refreshing, the category strongly agrees with the number of 12 students or 21%, while the category agrees 37 students, or 65%, the category disagrees 8 students or 14%, and the category strongly disagrees 0 students or 0%.

4. Interesting football sports to follow ?

From the results of the analysis of research data that has been carried out, it can be described that the statement of the sport of football is interesting to follow categorized in the following table:

Table 4. Sports football is not to be followed

No	Statement	Total	(%)
1	Strongly Agree	10	18%
2	Agree	42	74%
3	Don't Agree	5	9%
4	Totally Disagree	0	0%
Total		57	100%

From the table above, it can be seen that statements related to the sport of football are interesting to follow the category strongly agrees with the number of 10 students or 18%, while

from the category agrees 42 students or 74%, the category disagrees 5 students or 9%, and the category strongly disagrees 0 students or 0%.

5. Passionate in the Sport of Football

From the results of the analysis of research data that has been carried out, it can be described that the statement of passion in the sport of football is categorized in the following table:

Table 6. Passionate in the sport of football

No	Statement	Total	(%)
1	Strongly Agree	5	9%
2	Agree	40	70%
3	Don't Agree	12	21%
4	Totally Disagree	0	0%
Total		57	100%

From the table above, it can be seen that statements related to passion in the sport of football strongly agree with the number of 5 students or 9%, while from the category agree 40 students or 70%, the category disagrees 12 students or 21%, and the category strongly disagrees 0 students or 0%.

6. Achievements in the Field of Football Sports

From the results of the analysis of research data that has been carried out, it can be described that statements of achievement in the field of football are categorized in the following table:

Table 6. Achievements in the field of football sports

No	Statement	Total	(%)
1	Strongly Agree	9	16%
2	Agree	35	61%
3	Don't Agree	12	21%
4	Totally Disagree	1	2%

Total	57	100%
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From the table above, it can be seen that statements related to achievement in the field of football strongly agree with the number of 9 students or 16%, while from the category of agreeing 35 students or 61%, the category disagreeing 12 students or 21%, and the category strongly disagreeing 1 student or 2%.

7. Joining Football because You Want to Be an Athlete

From the results of the analysis of research data that has been carried out, it can be described that the statement of following the sport of football because you want to be an athlete is categorized in the following table:

Table 7. Joining Football because you want to be an athlete

No	Statement	Total	(%)
1	Strongly Agree	8	14%
2	Agree	31	54%
3	Don't Agree	16	28%
4	Totally Disagree	2	4%
Total		57	100%

From the table above, it can be seen that statements related to participating in the sport of football because they want to be athletes strongly agree with the number of 8 students or 14%, while from the category of agreeing 31 students or 54%, the category of disagreeing with 16 students or 28%, and the category strongly disagreeing with 2 students or 4%.

8. Rated (+) If Able to Practice Shooting Movements in Football Sports Well

From the results of the analysis of research data that has been carried out, it

can be described that statements are given a value (+) if they are able to practice shooting movements in football sports well categorized in the following table:

Table 8. Value (+) If Able to Practice Shooting Movements in Football Sports Well

No	Statement	Total	(%)
1	Strongly Agree	19	33%
2	Agree	28	49%
3	Don't Agree	10	18%
4	Totally Disagree	0	0%
Total		57	100%

From the table above, it can be seen that statements related to grades (+) if able to practice shooting movements in the sport of football well, strongly agree with the number of 19 students or 33%, while from the category agree 28 students or 49%, the category disagrees 10 students or 18%, and the category strongly disagrees 0 students or 0%.

9. Happy with the Sport of Football because it Gets Good Grades

From the results of the analysis of research data that has been carried out, it can be described that the statement of being happy with the sport of football because it can be a good value is categorized in the following table:

Table 9. Happy with the Sport of Football because it Gets Good Grades

No	Statement	Total	(%)
1	Strongly Agree	9	16%
2	Agree	35	61%
3	Don't Agree	12	21%
4	Totally Disagree	1	2%
Total		57	100%

From the table above, it can be known that statements related to the sport of football because they can score well, strongly agree with the number of 9 students or 16%, while from the category agree 35 students or 61%, the category disagrees 12 students or 21%, and the category strongly disagrees 1 student or 2%.

10. Feel Happy to Follow Football because of Achievements

From the results of the analysis of research data that has been carried out, it can be described that the statement of feeling happy to participate in the sport of football because of achievements is categorized in the following table:

Table 10. Feel Happy to Follow Football because of Achievements

No	Statement	Total	(%)
1	Strongly Agree	8	14%
2	Agree	36	63%
3	Don't Agree	13	23%
4	Totally Disagree	0	0%
Total		57	100%

From the table above, it can be seen that related statements are happy to participate in the sport of football because they excel strongly agree with the number of 8 students or 14%, while from the category of agreeing 36 students or 63%, the category disagreeing 13 students or 23%, and the category strongly disagreeing 0 students or 0%.

11. Participating in the Championship because of Being Tempted by the Award Promised by the Teacher

From the results of the analysis of research data that has been carried out, it can be described that the statement of participating in the championship because it is tempted by the awards

promised by teachers is categorized in the following table:

Table 11. Participating in the Championship because of Being Tempted by the Award Promised by the Teacher

No	Statement	Total	(%)
1	Strongly Agree	6	11%
2	Agree	33	58%
3	Don't Agree	15	26%
4	Totally Disagree	3	5%
Total		57	100%

From the table above, it can be seen that the statement related to participating in the championship because they were tempted by the award promised by the teacher strongly agreed with the number of 6 students or 11%, while from the category of agreeing 33 students or 58%, the category of disagreeing 15 students or 26%, and the category strongly disagreeing 3 students or 5%.

12. Happy Football Sports because the Facilities and Infrastructure are Easy

From the results of the analysis of research data that has been carried out, it can be described that the statement of the pleasure of the sport of football because the facilities and infrastructure are easily categorized in the following table:

Table 12. Happy Football Sports because the Facilities and Infrastructure are Easy

No	Statement	Total	(%)
1	Strongly Agree	19	33%
2	Agree	25	44%
3	Don't Agree	13	23%
4	Totally Disagree	0	0%
Total		57	100%

From the table above, it can be seen that statements related to the sport of football because the facilities and infrastructure easily strongly agree with the number of 19 students or 33%, while from the category of agreeing 25 students or 44%, the category disagreeing with 13 students or 23%, and the category strongly disagreeing with 0 students or 0%.

DISCUSSION

The results of research on the interest of Madrasah Aliyah Nurul Islam Ngemplak students in the sport of football are qualitative and quantitative. This study produced data in the form of numbers then explained in the form of a description of the real situation in the field with a total of 57 students. The questionnaire questionnaire in this study used a questionnaire on a likert scale of 1-4. The questionnaire contained 12 questions about the satisfaction of Madrasah Aliyah Nurul Islam Ngemplak students. The description of the results of the research that has been obtained about the interest of Madrasah Aliyah Nurul Islam Ngemplak students in the sport of football obtained respondents of 57 students from class X, XI and XII students.

Exercise is an activity to exercise one's body. The sport of football can be an alternative to healthy activities that can be done with friends. Not only physically but also spiritually. Indigenous sports from various regions in Indonesia. Now there are more and more urban communities, ranging from young children, students, male and female office workers who like to play football. Everyone can follow this type of sport. The sport of football is indeed fun and healthy. This sport can be played without time constraints, can be done both morning, afternoon and night, adjusted to the schedule. Based on the research above, that Madrasah Aliyah

Nurul Islam Ngemplak students agreed that the sport of football is important to them, out of a total of 57 students who agreed that the sport of football is important to them, there were as many as 50 (88%) students. They think that the sport of football is good for the health of the body, so that it is not susceptible to disease. But there are some students of Madrasah Aliyah Nurul Islam Ngemplak (12%) who disagree that football is important to them.

Madrasah Aliyah Nurul Islam Ngemplak who agreed (88%), Football can help the body stay healthy and fit. Running after the ball, shaking the opponent will make the body move to burn calories. Playing football for an hour can burn 600 calories. When playing football, the body will feel fit and healthy. In addition to staying healthy and fit in the body, football sports at the same time sharpen and refresh the brain. Just like any other sport, football makes you think about strategies for scoring goals in the opponent's goal. We are required to take quick and strategic steps. The legs move, the brain goes along. Madrasah Aliyah Nurul Islam Ngemplak students before the COVID-19 pandemic often did football sports either before entering class or when they rested. Based on the research above, Madrasah Aliyah Nurul Islam Ngemplak students agree (86%) that the sport of football can sharpen and refresh their brains. The sport of football in Madrasah Aliyah Nurul Islam Ngemplak has progressed very rapidly, which was once very unpopular, now in contrast to before, currently the sport of football in Madrasah Aliyah Nurul Islam Ngemplak has been favored by students, this is influenced by the response from students and schools. It is proven that 92% of Madrasah Aliyah Nurul Islam Ngemplak students like football. It is proven that now, both adults and young people are even more

enthusiastic in playing football, one of which is Madrasah Aliyah Nurul Islam Ngemplak, 79% of its students in recent months are more enthusiastic in running the sport of football.

The sport of football can make the body healthy and fit, the benefits of exercise are unquestionable. But apparently, sports can also make children smart and perform brilliantly in school. It is proven that Madrasah Aliyah Nurul Islam students are active in doing football, not just exercising. But they also want to excel in sports, especially football. 77% of Madrasah Aliyah Nurul Islam Ngemplak students have the determination to be able to excel in the sport of football. For the achievement of maximum achievement, in addition to the facility factor that supports the implementation of exercises, the role of sports coaches / teachers is also very supportive to improve student achievement. Many students of Madrasah Aliyah Nurul Islam Ngemplak want to become athletes, 68% of Madrasah Aliyah Nurul Islam Ngemplak students are committed to becoming successful athletes. They realize that the athletes who will succeed are the athletes who strive to give the best results. They must be diligent in every practice, must not give up or despair. In football learning, teachers will give their students a (+) grade if they are able to perform shooting movements well. It is proven that 82% of Madrasah Aliyah Nurul Islam Ngemplak students are able to practice the shooting movement well. Madrasah Aliyah Nurul Islam Ngemplak students who are able to do shooting movements well, because they have been able to practice football routines, either during breaks or during school holidays. All of that is done in a process. Because we can't shoot. Almost every village there is a football field. As many as 77% of students stated that the

sport of football in Madrasah Aliyah Nurul Islam Ngemplak the facilities and infrastructure are quite adequate, such as; t-shirts, shorts, socks, shin protectors, balls, shoes. All because of the contributions of students and teachers of Madrasah Aliyah Nurul Islam Ngemplak. With adequate facilities and infrastructure, it is hoped that Madrasah Aliyah Nurul Islam Ngemplak students can channel their talents and abilities in the field of sports, especially football. As for the purpose, as a place for student achievement in the field of sports, a means of channeling students' talents and interests, and a means of activities to popularize the sport of football. Many students of Madrasah Aliyah Nurul Islam Ngemplak were tempted by the award promised by their teacher. It is proven that 77% of Madrasah Aliyah Nurul Islam Ngemplak students are committed to being serious in this field of football. They have ambitions to be able to prove that they can excel in this field of sports. They also increase their enthusiasm. On the other hand, their bodies become healthy and fit, if they excel in the sport of football, they will also get awards from their schools. Perhaps it is one of the motivations for Madrasah Aliyah Nurul Islam Ngemplak students to be more active in playing football.

The role of the teacher here is very important, how to motivate his students to be able to excel in the field of sports according to their interests. The motivation to achieve is a motivation that is closely related to how to do things well, precisely, and efficiently which is characterized by a tendency to achieve success in a competition. For students who have high motivation, they will make a maximum effort, have confidence in their own abilities, be optimistic, not quickly satisfied with the achievements that have been obtained and have great

responsibility for the tasks charged so that students have high achievement motivation tend to have a greater potential for success compared to students who have low achievement motivation.

The results of an interview with one of the students of Madrasah Aliyah Nurul Islam Ngemplak named Rafi. Rafi is interested in playing football because football does require genius and must have good skills. So, I feel challenged and enjoy being involved in football. Football makes us have to think faster in making decisions about whether to pass, dribble, and kick the ball. It must be done quickly because the international football field is only small, as opposed to larger football. The difficulty that Rafi has experienced in the sport of football is There is actually no great difficulty. Rafi divides his school and football, if he doesn't train with friends, he must go to school. Maybe if he misses a lesson or has an assignment, he will ask another friend.

The results of an interview with Madrasah Aliyah Nurul Islam Ngemplak sports teacher named Mr. Sigit Dewara, S.Pd. The development of Madrasah Aliyah Nurul Islam Ngemplak football in recent years has been quite satisfactory. The potential began to emerge along with the development of the world of sports, this cannot be separated from the participation of several parties who provide support and space to our students to actualize their creativity and sportsmanship in a tournament / competition. The advantages and disadvantages of students at Madrasah Aliyah Nurul Islam Ngemplak on the sport of football, its advantages may help to improve skills in concentration, perseverance and self-discipline, can provide an opportunity to increase self-confidence and self-esteem, and help to reduce anxiety. Factors that affect the interests of

Madrasah Aliyah Nurul Islam Ngemplak students, be it those that come from within themselves such as emotions, pleasure, attention and so on as well as factors that arise from outside such as parents, the environment, the influence of friends, facilities, teachers / coaches or the influence of watching football matches on television. The obstacle that often arises in the sport of football in Madrasah Aliyah Nurul Islam Ngemplak is perhaps the obstacle to the lack of adequate facilities and support from parents. This will result in a hampering of students' interest in participating in football extracurriculars. The hope for the sport of football in Madrasah Aliyah Nurul Islam Ngemplak is that hopefully the sport of football in our school will continue to grow, move forward, and be able to bring out new seeds that can compete at the national level

CONCLUSION

Based on the results and discussion of the data that has been obtained, researchers can draw conclusions about the interest of Madrasah Aliyah Nurul Islam Ngemplak students in football sports, that the interest of Madrasah Aliyah Nurul Islam Ngemplak students in football is very large. It is proven that 88% of Madrasah Aliyah Nurul Islam students have an interest in the sport of football. There are several indicators of why Madrasah Aliyah Nurul Islam Ngemplak students like the sport of football, namely: the body becomes healthy and fit, refreshes the brain, and wants to excel in the sport of football. In addition, many students of Madrasah Aliyah Nurul Islam Ngemplak want to become football athletes, they also want to be committed to the sport of football, so that their desire to become football athletes can be achieved.

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